



The INSIDER

An Independent Newspaper

For Wynmoor Residents

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APRIL 2021

Thank You Mikkie Belvedere

By Insider Staff

Wynmoor resident and Coconut Creek Commissioner Mikkie Belvedere retired last month from serving as a City Commissioner. During the past twelve years, Mikkie not only served as a Commissioner, but also served as Vice Mayor and Mayor of Coconut Creek. During her time in office, Mikkie founded the Multicultural Circle, which is an organization seeking to unite the Coconut Creek community through the exchange of ideas and experiences. Under her leadership and guidance, the Multicultural Circle created an annual event called the Art Fest, which was a tribute to cultures around the world. On a county level, Commissioner Belvedere was nominated by her peers to represent Coconut Creek on the Metropolitan Planning Organization where she served for many years. In the community, Mikkie served as a Charter Member and representative on the Coconut Creek Chamber of Commerce promoting the interests of business in the city.

For more than a decade, Mikkie Belvedere's commitment to civility, diversity and inclusion was her trademark. Whether she was wearing the "hat" as an elected official or as a board member of her condominium association, Mikkie cared about making her city and neighborhood a better place to live. We want to thank Mikkie for her dedicated service to the community and hope she remains involved.



Wynmoor President, Jackie Railey Wins Commission Seat

By Insider Staff



On March 9, 2021, Coconut Creek held its elections for three different City Commission seats. With the retirement of Commissioner Mikkie Belvedere, Wynmoor Council President Jackie Railey received 82% of the vote beating her opponent Nikitress Vachon Lewis. The second seat saw voters re-elect Commissioner Josh Rydell who beat Lauren Linville with 66% of the vote. In the third race, incumbent Sandra Welch received 73% of the vote beating her two opponents Patricia Duaybes and Wesner St.Vil. All three individuals were sworn in as Commissioners on March 25th.

The three winning candidates, Railey, Rydell and Welch all shared the same position on two issues. First, all three Commissioners opposed the expansion of the landfill, which is called Mt. Trashmore. The second issue that all three Commissioners shared was the opposition to the expansion of the turnpike.



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At the time this paper went to press,
it was unclear which events were being cancelled.

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A Word From Mark Bogen

TOP 10 THINGS TO AVOID TOUCHING!

While it is still very important to wash your hands throughout the day, I suggest the use of

PAPER TOWELS, NAPKINS OR TISSUES WHEN TOUCHING THE FOLLOWING:

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3. Elevator buttons
4. Chairs that have handles
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This little bit of history is quite fantastic

A grandson of slaves, a boy was born in a poor neighborhood of New Orleans known as the “Back of Town.” His father abandoned the family when the child was an infant. His mother became a prostitute and the boy and his sister had to live with their grandmother. Early in life he proved to be gifted for music and with three other kids he sang in the streets of New Orleans. His first gains were coins that were thrown to them. A Jewish family, Karnofsky, who had emigrated from Lithuania to the USA, had pity for the 7-year-old boy and brought him into their home. Initially giving “work” in the house, to feed this hungry child. There he remained and slept in this Jewish family’s home where, for one of the first times in his life, he was treated with kindness and tenderness. When he went to bed, Mrs. Karnovsky sang him a Russian lullaby that he would sing with her. Later, he learned to sing and play several Russian and Jewish songs. Over time, this boy became like an adopted son of this family. The Karnofskys gave him money to buy his first musical instrument, as was the custom in the Jewish families. They sincerely admired his musical talent. Later, when he became a professional musician and composer, he used Jewish melodies in some of his compositions. The young black boy grew up and wrote a book about this Jewish family who had adopted him in 1907. In memory of this family, and until the end of his life, he wore a Star of David and said that in this family he had learned “how to live real life and determination.” You might recognize his name. This little boy was called Louis “Satchmo” Armstrong. Louis Armstrong proudly spoke fluent Yiddish and “Satchmo” is Yiddish for “big cheeks,” a nickname some say was given to him by Mrs. Karnofsky!

A Joyful Day Savoring 20th Century Art At The Baker Art Museum

By Barry Isaac

In early January, I visited the Baker Art Museum in Naples, Florida. Covid 19 Protocol was strictly enforced. Facial masks were mandatory, as well as social distancing. Advance reservations were required. At the Baker, I saw a fine group of oil paintings by Surreal Painter, Rene Magritte. I especially liked Magritte’s “Summer Holiday,” “Monumental Shadow,” and “Ivory Tower.” I also liked their delightful group of Rodin Sculpture which is temporarily on display. The following Rodin Sculptural works made of bronze, especially fascinated me; “Saint John the Baptist Preaching,” modeled in 1880, cast in 1925, “Metamorphosis of Ovid,” modeled in 1885, cast in 1897 “Heroic Bust of Victor Hugo,” and “Balzac in Dominican Robe.”

From the Baker Art Museum’s permanent collection, I enjoyed the following paintings by 20th Century American Painters; George Ault, “Ault Family House, Hillside, New Jersey,” Vincent Canade, “White Farmhouse With Red Barns,” John Briggs, “Downtown Tallahassee, 1971,” wonderful shadows, Hugh Breckenridge, “City Hall Tower, Philadelphia,” Herman Maril, “Easel,” Robert Cottingham, “Corona,” awesome Photorealistic depiction of a typewriter, and John Wesley, “Hats Off to Japan,” among others. I also relished the following paintings by 20th Century painters associated with Mexico,” including Rufino Tamayo, “2 Women At Window,” Gabriel Ledesma, “Family,” Olga Costa, “Stillife With Mexican Objects,” and Jesus Guerrero Galvan, “Lament,” among a few others.

The Dale Chihuly Exhibit closed at the end of February, however there is a delightful, mammoth chandelier produced by Dale Chihuly and associates as part of the permanent collection. Parking at the Baker is free and quite abundant. Even though, the Norton Art Museum in West Palm Beach, Florida and the Lowe Art Museum in Coral Gables, Florida have broader ranges of Art, I still feel my visits to the Baker Art Museum have been very productive.



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This is a reproduction of the painting.

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HISTORY CORNER

By Philip Edwards

Jesse James



Jesse James was born in 1847 and shot in the back and killed in 1881 by a friend and colleague, Frank Ford. Jesse's father was a Baptist minister, and many thought he would follow in his father's footsteps. However, the Civil War altered many lives including that of Jesse James. The family lived in northwest Missouri, which was a Union state with very strong southern sympathizers, including the James family.

Frank James, Jesse's older brother, joined a Confederate guerilla band that raided homes and farms of Union sympathizers. Atrocities were committed by both Union and Confederate supporters. Jesse was shot in the chest during one of raids but recuperated and rejoined his brother and the guerrilla raiders. "In Centralia, Missouri, led by 'Bloody Bill', the guerrillas terrorized the town and murdered twenty-two unarmed Union soldiers. Hours later, the guerrillas killed and horribly mutilated over a hundred soldiers in the Thirty-ninth Missouri Infantry. James took credit for killing their Union commander."

After the war, Jesse began his life of crime, attempting to justify it because of the ill treatment of Southerners by Union forces in the south.

The James-Younger Gang gained notoriety through newspaper articles that publicized their robberies of banks and stagecoaches. Jesse came to thrive on the publicity and would write articles back to the newspaper correcting their stories and giving them the latest update, which they then published. It was a quid-pro-quo that worked for both sides.

Jesse found time in his busy activities to marry Zerelda Mimms and have four children. In an attempt to catch Jesse, Pinkerton detectives killed James's half-brother and injured Zerelda. From this time on, Jesse changed his name and attempted to live under the radar while still robbing trains and banks. Governor Crittenden of Missouri issued a reward for Jesse James. It was an opportunity that was too good to pass up. Frank Ford, one of Jesse's men, made a deal with the governor to bring Jesse in for the reward and a pardon of Ford's past crimes. Bob Ford shot Jesse in the back as Jesse was straightening a picture in his family home.

Through it all, Jesse James became a "folk hero." Frank and Bob Ford made a living acting in plays about the killing. Even though Jesse never gave any of his stolen loot to the poor, a myth was perpetrated that he was the western rendition of Robin Hood, who stole from the rich to give to the poor.

When I was ten years old, my father took me on a business trip with him to St. Joseph, Missouri. We visited the house where Jesse James was killed. The tour guide showed us the turned over chair Jesse was standing on as he tried to straighten the needle point picture on the wall. The picture was positioned off-center as it was when Jesse tried to straighten it. The needle point canvas read, "God Bless Our Home."

Hero or Outlaw?



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Language Of The Heart

By Lil Miller

I moved into a village condo. It was new to me after homes of large lawns and pools. My hubby passed on to the wild blue yonder. He was my high school sweetheart of 76 years. I felt the loneliness right away as I pulled into my new parking spot. A Spanish lady was sweeping the walkway and greeted me. My arms were loaded with items, so she helped me right to the door, not saying a word but a happy smile lighting up her happy face. She spoke no English, but I felt the love flowing my way. The only language was one of the heart. I felt like I belonged as she welcomed me. A day I shall never forget. The same woman 16 years later still sweeping the walkways, blows me a kiss when she goes by. A hug if I am nearby, just to know things are okay at 93 years. I have a blessing from above of the language of love by our Creator. No color, creed or age can block the message so carry this to others, it will make your day. It does mine. "The littlest things in life sometimes become the joy of your life." Love you, Lil Miller

Be Wise - Have An Open Mind

By Mobolaji Adedoyin

As I get older, especially after I retired and had more time to really think about my journey in this world, I began to appreciate my parents, uncles, aunts, teachers and pastors more. Most important among those people were my paternal grandfather and my dear mother. They were instrumental in how I turned out to be - a level-headed and open-minded person. May be that is one of the reasons why I have few regrets in life. I did not grow up with prejudice or stereo-typing people. I did not grow up blaming someone or other people for my failures and disappointments.

Generally, society thinks people get wiser or smarter as they grow older.

The assumption is that older people have learned from several experiences, mistakes and successes over many years. That assumption is far from the truth. There are millions of older people, even those that call themselves Christians, that are not wise and will never be wiser in their old age. They never learned from level-headed or open-minded parents, community leaders, teachers, pastors etc.

Unfortunately, there are also millions of children exposed to ignorant parents, relatives, pastors, teachers, friends, Congress persons and Senators. Those kids will grow up ill-informed, prejudice and stupid and will never be wise - because they are in darkness. As they grow up, they will not be able to adequately adjust to changes around them. They will always blame other people for their failures and disappointments in life. In order to be wiser with age, an individual must have an open mind to receive information, digest it, and ask questions when necessary. In addition, people have to be able to distinguish between lies and truth, which one can only get from multiple sources for information. There is nothing wrong holding fast to your religious beliefs but there are other laws, rules, regulations and commonsense guidelines people have to also know and comply with that make a society peaceful.

I know there are still several grandpas and grandmas that are narrow-minded, full of silly ideologies, prejudice and racism. For whatever reason they continue to poison the minds of their children and grandchildren at young ages. Those kids will grow up just as ignorant, prejudice and racist as their parents and grandparents - they will grow up in darkness in this beautiful world.

In 1983, I hired a twenty-one-year-old white lady to babysit my seven-year-old daughter after school. The lady was a third-year student at George Mason University in Virginia. She was from a small town in Virginia with a lot of coal business. My daughter and I liked her very much - she checked my daughter's homework before I got home from work late at night. One

Continued on page 11



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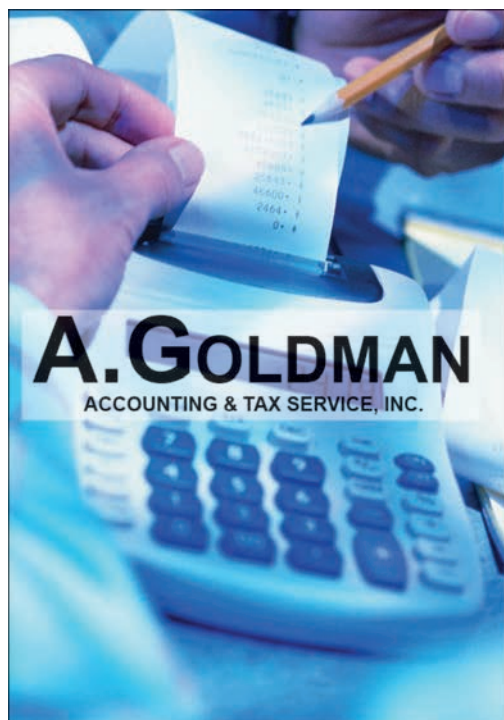


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By Nancy Heller Moskowitz

*History rules this land, settled over a century ago
Thirty young men sought adventure and came to
this new territory
Farmers all, they thought Boca Raton, Florida
could be the place
To establish their own slice of Japan, their Yamato
Colony
Most would struggle, only the strongest stayed
To survive, prosper, and be remembered by us
today
Even though the original dream died
One man had a vision for his treasured land
The farmland was transformed
A tea house erected, Buddha watching over the
vast greenery
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contemplation
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One Person's Ideas On Poetry

By Neil Nathan

*A poem that doesn't rhyme
Is like nine cents to the dime,
A clock that doesn't tell the time,
A grandfather clock that doesn't chime,
Marcel Marceau without his mime,
Gin & Tonic without the lime,
A criminal without the crime,
A stagnant pond without the slime,
A mountaineer with no mountain to climb,
Not going from the ridiculous to the sublime,
A coal miner's face without the grime,
And an athlete who is not in their prime.
I'm sure you'll agree, there's no denying
It's like tears without the crying,
Going shopping without the buying,
Sitting in a plane without it flying,
Interviewing people without finally hiring,
Rock and Roll without the jiving,
Telling the truth without thinking of lying,
Asking questions without even prying,
Do-it-yourself and on no-one else relying,
Taking poetic liberties without even trying.*

Down

By Brendan Kennelly

(Reference: The Essential Brendan Kennelly: Selected Poems, Bloodaxe Books Ltd, 2011)

*Why does a poem
Always
Go
Down
The page
Like
A shooting
Star
Or a spade
Cutting
Into earth
Making way
For seeds
To nestle
In darkness
And slowly
Begin
To become
(for example)
A small
White
Flower
Perfect
In the
Light?*



pen to paper

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evening, when I arrived home around 10:30 p.m. I found her crying - my daughter usually went to bed at 9:00 p.m. She told me her grandfather and father loved to hire black men and women in their coal business, but they both hated the black race. Unfortunately for her, she fell in love with a very intelligent black classmate. She knew her family would not welcome him. I did not know what to tell her, but I was relieved when she said, "I will take him to meet my family after we both graduated, secured employment and got married."

I will advise young people to learn from outside their family, read different books, newspapers, talk to people of different race, religion, political party - at least know what other people think or believe. And when you can afford it, travel to other countries on vacation and educate yourself about other cultures. Be wise now so you can grow up wiser.

It Isn't Funny How Time Slips Away

By Peter Hardis

It was 4 weeks ago when my phone rang early in the morning waking me up out of a deep sleep. "Hi dad, happy birthday. How does it feel to be 77 years old?"

"Karen, thanks so much but I just woke up; I'm still groggy. Can I call you back after I have my coffee?" "Sure dad!"

As I was getting out of bed I began to think that maybe the call was just part of the dream I was having. I mean, why would my daughter call me to wish me a happy birthday and then tell me that I was 77 years old. I reached into my wallet for my drivers license to check my date of birth. Sure enough, she did call exactly on the day of my birthday.

"How does it feel to be 77?"

No! I can't be 77 because that's too old for me! If I am, how did this ever

happen?

Then I began to think that it was only yesterday that I was at my briss, my bar mitzvah, my high school graduation. It was just yesterday when I was 8 and my friend Kenny and I were playing stoopball in front of our building. It was yesterday when my first girlfriend allowed me to go to "first base" with her, I was only 14 then.

How many yesterdays could there have been if I am really 77? I checked on my calculator. There were 28, 105 yesterdays. What happened to all of them? They were such precious yesterdays to me. No! There is definitely some mistake, some mix-up. Someone is playing a cruel joke on me and I don't like it one bit. No matter what my daughter said about it, it just can't be!

After playing pickleball that morning, while I was preparing my lunch there was a knock on my door. When I opened it an old man dressed in what looked like white bed sheets was standing in front of me. I noticed he was holding an hourglass. "Hello, can I help you?" He replied, "It's more like the other way around. I'm Father Time. You and I have to have a talk." I let him in and offered him a slice of pizza.

"I don't have time for that. What I have to inform you is that you can't pretend that you haven't aged. You are deluding yourself in denying your true age. Time marches on and there's no way you can stop it. You aren't the only one. Every living thing gets swept along with time. Rejoice that you are healthy. Be grateful that you can still be physically active. Perhaps that is why you don't feel like you are 77 even though you are. Allow me to give you some advice; it's good that you have fond memories about your yesterdays, but you must also learn to cherish each of the todays you are alive. Hopefully you will look back on these todays in the same nostalgic way you do about the yesterdays in your distant past. My advice to you would be to call your caring daughter and thank her for remembering that it is your birthday and

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If your walls could talk, they'd thank you.



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tell her that it feels great to be 77.”

When he left I called Karen and this is what I told her. “Thank you so much for remembering that is was my birthday! It was so thoughtful of you. You are a real sweetheart and I have so much love for you. I want to tell you that your call not only reminded me that today is my birthday, but it also gave me a renewed appreciation that I’m fortunate to be alive. How can I not be thankful when I have such a loving daughter like you. You are a very important part of my TODAY and all the WONDERFUL TODAYS I have ahead of me.

Oh, before I forget, I’ll be looking forward to your call next year when I turn 78 because I know that I will have so many memorable yesterdays over that year also, and I can’t wait to tell you all about them.”

Why There’s No Challah This Week

By Irv Kaplan

The sun was brightly shining last Sunday when I headed home from Bev’s at about noon, a bit earlier than usual. I didn’t have a care in the world except for a twinge of guilt. I was going to stop at a grocery store, and maybe even a carwash, on my way home. Bev would not have approved!

I headed for a grocery store called Euro Fresh and stocked up for the week. I really stocked up. I bought two dozen eggs because I planned on baking another challah. Remember that fact.

I shopped, loaded up my car – the one I love so much that I got from Michael – and started to leave the parking lot. Pride goes before a fall. As I started to drive out, heading for the carwash across the street, I collided with an orange Kia being driven too fast (or I misjudged the speed).

My right front bumper and his left front fender kissed. My bumper fell off immediately. We called the cops who took the information and issued tickets to both of us. The officer advised me to make a court date and appear because often the other party will not show up. That would clear me from having to pay a ticket, and I will follow his advice.

I called a neighbor to rescue me and my groceries as well as my sons, Bev and my insurance company to send a tow truck for the car. When I got home and unloaded my groceries I found that I already had three dozen eggs in the refrigerator.

Car update: the shop wanted \$3,000 to fix the car. The insurance company valued the car at \$2,700 because of its age and mileage. They called it a “total.” I was able to buy it back from the insurance company for \$240. After they subtracted this, and the \$500 deductible and taxes, they gave me back \$2,100.

Meanwhile, Michael had priced a used bumper in South Carolina for \$375 but had not ordered it. The repairman said he could probably get one nearer for the same price and would be able to install it earlier. However, he called me later and told me he had good news and bad news. The bad news was

that the used bumper was not right for the car. The good news was that he could get an after-market brand new bumper at a better price and his total for attaching and fixing everything would be \$2,000. I have still made a cool \$100.

I got a free rental car – the first one was a huge Chrysler van which I then exchanged for a small jeep. I can use it until next Wednesday.

I arrived at Bev’s Thursday to be scolded for going to the grocery store and as if that weren’t enough, when I opened her refrigerator to give her my two extra dozen eggs, found she already had two dozen.

Boy, I really had egg on my face.

As Time Goes By

By Lil Miller

I am now 39 years old “oops” I mean 93 years old. How time does fly. Everything now is V.I.P. Well almost if I am alert. My leather chair is close by. So comfortable I find my eyes close for a moment and wake to hours gone by. What did I have to do? It’s already half past two. Is it dinner time or what? My aide shakes me awake just in time to eat dinner and dress for bed to finish my nap that now is... Now in bed. 5:00 a.m. comes early for me as I must start my daily routine all over again. Only a 93 year old person could understand this message of love.

Wake up or sleep, enjoy the day. We deserve it. I love you, Lil Miller

Appreciating What Is, Missing What Isn’t

By Beverly Friend

Around 7:30 p.m., my phone rings. It is either one of two callers. No matter which, the question will be the same. “Do you want to Skype with Bevy?” An hour earlier, I had Skyped with Nellie, my one-year-old great-granddaughter as she splashed in her pre-bedtime bath. This call comes from four-year-old great-granddaughter Bevy while she finishes her supper or starts her own bath. I hope to chat longer with her.

Whether she is with her grandmother, my daughter Tracy, or her own mom, Tracy’s daughter Margaux, she will be requesting a story: maybe a real one, maybe make-believe. The two families live quite near each other, sharing an adjacent backyard, and Bevy could be settling in for the night in either house. These phone calls are fairly new. I am thrilled and hope they continue.

It has been so difficult to create a cross-generational relationship during this pandemic, especially when I know that the building blocks of all relationships are shared experiences.

What can we share? Now, in the cold weather I only see her on Skype or Zoom. When it was warmer, I visited her back yard where she played in her fort, on her swing or with her dog, while I sat by as a masked observer – not involved, not a pal.

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What Can Investors Learn From 2020?

Now that we're a few weeks removed from 2020, it's a good time to reflect on such a momentous year. We can think about developments in the social and political spheres, but we also learned – or perhaps re-learned – some valuable lessons about investing.

Here are four of them:

- **A long-term perspective is essential.** Volatility in the financial markets is nothing new, but, even so, 2020 was one for the books. Of course, the COVID-19 outbreak was the driving force behind most of the wild price swings. Soon after the pandemic's effects were first felt, the S&P 500, a common index of U.S. large-cap stocks, fell 34% but gained 67% by the end of the year. Consequently, investors who stuck with their investment portfolios and kept their eyes on their long-term goals, rather than on shocking headlines, ended up doing well. And while 2020 was obviously an unusual year, the long-term approach will always be valuable to investors.

- **Investment opportunities are always available.** The pandemic drove down the prices of many stocks – but it didn't necessarily harm the long-term fundamentals of these companies. In other words, they may still have had strong management, still produced desirable products and services, and still had good prospects for growth. In short, they may still have been good investment opportunities – and when their prices were depressed, they may also have been "bargains" for smart investors. And this is the case with virtually any market downturn – some high-quality stocks will be available at favorable prices.

- **Diversification pays off.** Bond prices often move in a different direction from stocks. So, during a period of volatility when stock

prices are falling, such as we saw in the weeks after the pandemic hit in March, the presence of bonds in your portfolio can lessen the impact of the downturn and stabilize your overall returns. And this, in essence, is the value of maintaining a balanced and diversified portfolio. (Keep in mind, though, that diversification can't guarantee profits or prevent all losses.)

- **The market looks ahead.** The pandemic-driven market plunge may have been stunning, but it made a kind of intrinsic sense – after all, the sudden arrival of a pandemic that threatened lives, closed businesses and cost millions of jobs doesn't sound like a positive event for the financial markets. But the strong rally that followed the initial drop and continued into 2021 has surprised many people. After all, the pandemic's effects were felt throughout the rest of 2020, and are still being felt now, so why did stock prices rise? The answer is pretty straightforward: The financial markets always look ahead, not behind. And for a variety of reasons – including widespread vaccinations, anticipated economic stimulus measures from Congress and the Biden administration, and the Federal Reserve's continued steps to keep interest rates low – the markets are anticipating much stronger economic growth, possibly starting in the second half of 2021.

All of us are probably glad to have 2020 behind us. Yet, the year taught us some investment lessons that we can put to work in 2021 – and beyond.

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Now, I only see her peripherally via technology. She is playing with toy cars, or toy trains (she is mad for transportation), or magnetic blocks while I chat with other family members. During our Sunday family Zoom sessions, she bounces in and out of the computer screen, sometimes uttering a word or two, sometimes making a request, or asking a question, always distant. She only notices me when told to say hello or to wave goodbye. There are no interchanges – certainly, none she initiates.

Relationships with my great grandchildren are nothing like what I experienced with their parents: sharing games, shopping, eating out, travelling together. Granddaughter Robin and I spent a weekend at the University of Wisconsin in “Grandparents University,” studying engineering (her idea). We built a bridge out of toothpicks. I accompanied young grandson Gregory to Barcelona when he played with a junior soccer league. Later, as an adult, he took me on a weekend tour to Frank Lloyd Wright’s architectural treasure, Falling Water, in Pennsylvania followed by a Pittsburgh Pirates game. Now, he is Nellie’s daddy.

Margaux and once had a shopping spree in New York. On another occasion, I took Michelle to a Science Fiction feminist convention in Madison. (Their parents had enjoyed many SF conventions with me in the US and even one in Yugoslavia.) I remember sharing a motel room with Robin and Michelle, then about 12 years old, when the entire family took me on a surprise birthday party downstate to enjoy a high school band competition. The girls and I shared midnight revelations about “boys!”

I realize that I am much older now and the newest relatives are babies and toddlers. We will have less time to construct the fragile temporary bridges spanning generations. Sadly, even this time is being stolen by the Pandemic.

Bevyn and I cannot even go for a walk. Where are our movies? Baseball games? Explorations of zoos? Butterfly World? Museums? Trips to Ravinia? Days at the beach? Where are our long car rides and the intimate conversations that ensued? Where are the late night or early morning cuddles in bed? Where

is the chat over our breakfast cereal? Where are the beloved TV shows and the little jokes that heighten the enjoyment of otherwise prosaic days?

Now, I send toys from Amazon and seldom see them opened or enjoyed. Parents report their responses – second hand -- not at all satisfying.

What makes this especially painful is that these great-grandchildren: my namesake (Bevyn to reflect my name Beverly), and both her little cousins Nellie and her imminently expected baby brother, might only have memory of a shadowy figure their parents will someday tell them about – perhaps they will be interested, perhaps not. I must pray to live as long as my centenarian Mother, and like her, keep most of my senses and memory intact in order to build memories.

Right now, I treasure Bevyn’s evening story request, honing memories for enticing material as I relate fairy tales, family history, or tap our mutual imaginations to set her at the center of new superhero adventures.

Not complaining – I am grateful for even this while I (perhaps greedily) still hold out hope for even more. It may be sinful – not to be grateful for skype and zoom and our own survival-- but I am just feeling sad about getting older, less able to do what we formerly did, and now just wanting seemingly so little – to hug my babies.

Swimming Pools

By Jacqueline Horesh

I joined Wynmoor 7 years ago after selling my beautiful king unit in Palm Aire because I loved the activities and clubs they had: Bridge, Movies, Writers Club, Security, Swimming Pools, although they have great pools at Palm Aire, etc.

Of course, we all know that everything had to be cancelled because of the Covid-19 virus that plagued us most of last year into the present. But by now everybody is getting vaccinated and it is time to open some of the clubs like

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Bridge, Writers, Health and the Movie Theatre.

I live at Andros Isle and our swimming pool has been closed for renovation for months. There was a sign near the elevator that we can use the Eleuthera pool, quite a drive away. I am here since December 1st and our pool is still closed. Now there is a sign that Andros people are not allowed to use the Eleuthera pool. Swimming is the only exercise I have left, as I am riddled with arthritis and cannot play Tennis or Golf. I had a pool in my house in Roslyn, NY, and every year in May we uncovered the pool, drained and acid cleaned it. The pool people patched up the leaks and imperfections and restored the cuppings, the broken and fallen tiles after the severe winters. Then the pool was filled with clean water. It never took more than a week to do it. Why is it here, with all the thousands that we are paying in maintenance, jacked up for no reason, and all the teams around, nothing is done! Soon it will be spring, and summer and we will be heading home north and the pool is still dead! Do we get any refund? Those who are responsible, what are they thinking of? We want the pool full and working now. Please do it.

Love Created Mankind

By Lil Miller

Thank you for my magnificent life. Mankind struggles with the word of love even today. I know I have been there! Growing up as a child of the depression years and 93 years now – through God's grace have a mind of long ago. The body, well, I don't know. It's seen its day and must rest with its aches and pains – but the active brain is still racing to go!

What is this plague racing around the world? Masks are worn, hands are washed, stand away from me, as fear erases mankind! Two people meet with fear so deep, in need of love created by man. Help me as tears run free for the love of God. I can't see why I can't give a hug to mend a broken heart but only God knows why. "G.ood" "O.rderly" "D.irection" made mankind! Be kind and friendly to all at this time. Only our Creator can show you why!

I love you,

Lil Miller

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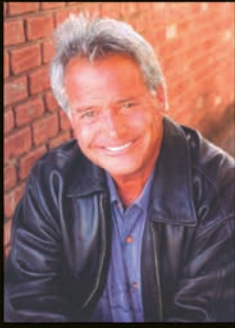
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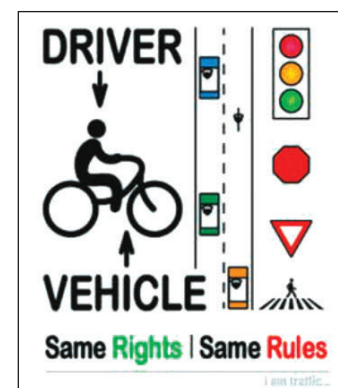
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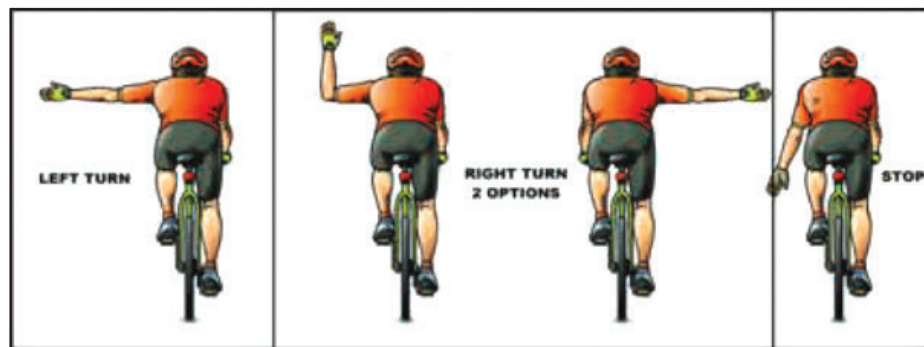
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🚲 Bike Safety 🚲

There is only one road and it is up to bicyclists and motorists to treat each other with care and respect.
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 These laws include stopping for stop signs and red lights, riding with the flow of traffic, using lights at night, yielding the right of way when entering a roadway and yielding to pedestrians in a crosswalk.
 -Florida Statute 316.2065



Please remember to use hand signals.



Light Up to Ride Out Safety Tips for Cycling in the Dark



Below are a few tips that will help you stay safe while riding in the dark.

Lights: Having lights on your bike is vitally important to night riding - to see where you're going, of course, but more importantly, to be seen by others. Having lights on your bike is the law. At a minimum, you should have a white constant light in the front and a blinking red light at the rear.

Reflectives: While lights are obviously critical for riding at night, don't discount the value of reflective clothing or tape. The idea is to make yourself as visible as possible. Adding reflective tape to your bike frame can also be an option.

Plan your route: Depending on what you want to get out of your ride, whether it's a structured training session or just a case of getting the miles in, plan ahead and have a route in your head or on a computer. Try to choose routes you're very familiar with when biking at night.

Ride with a partner or group: Riding with a friend or a group is a good way to approach night rides. Having a group of friends is a good incentive and just the motivation you might need to head out into the dark. There is also safety in numbers.



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Come Home To Your New Spiritual Home Temple Beth Am

By Linda Storfer

Freedom! By the time you read this article we will be in the middle of celebrating the Jewish holiday of Passover which is all about freedom that occurred in ancient times when the Hebrew people left Egypt and were set free from bondage. The day that we left the borders of Egypt we were “free” in the conventional sense - no longer could an alien taskmaster dictate what we must or may not do. Every year as we sit around our seder table we read the Haggadah and learn of all the miracles that G-d performed in ancient times.

We hear a lot about “freedom” in our society today - freedom of speech, freedom to vote, freedom of religion, freedom to assemble, etc. Currently there is a lot of talk about the connection between freedom and wearing a mask during our current Covid pandemic. In Florida as well as many other parts of the country there are millions of Americans who feel that mandating wearing a mask is an encroachment of their freedom and rights. To wear or not to wear a mask has become one of the overriding questions of the day during the past year. Although over 45 million Americans have already received their vaccinations and currently over 2-1/2 million vaccines are being administered daily, including at your local pharmacies, millions of people are still wearing masks. Recently, the Centers for Disease Control and Prevention stated that if people have been fully vaccinated, they can now go to their friends’ homes and socialize without their masks, hug their children and grandchildren but still use caution when it comes to dining in restaurants indoors and refrain from long distance travel if possible.

It has been one year since Temple Beth Am first closed its doors to the entire congregation and general public. Although the synagogue reopened last fall to a very limited number of congregants, most of our events, religious services and meetings are held virtually through Zoom and live streaming. Our leadership is carefully monitoring the situation daily and is hoping to reopen our doors when it is considered completely safe to do so. We are hopeful that it will be sooner not later, and we will be able to see the members and welcome new friends once again. Don’t miss a very special virtual concert with the 1 Stop Pony Band with Brian LaBlanc on Sunday evening, May 2nd at 7:00 p.m., sponsored by our dynamic Men’s Club. Also, on Sunday morning May 2nd, our active Sisterhood will be hosting a Book Club and discussing Sarah Blake’s poignant family novel about a family in Maine which illustrates the gulf between the rich and the poor, black and white, Protestant and Jew spanning three generations.

If you would like further information about any of our upcoming events, please check our website www.beth-am.org or call the office at 954-968-4545 for further information. Happy Spring to everyone. Stay safe and healthy.





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Safety Solutions

By Scotty Leamon, Public Safety Information Officer, Coconut Creek Police Department

Stimulus Check Scams To Watch For



Millions of Americans have either already gotten, or will soon receive, the latest round of stimulus checks from the federal government. It's certainly big news! And you can always count on scammers to take advantage of what they see on the news - good and bad.

For example, the Federal Trade Commission reported receiving more than 14,000 complaints about COVID-19-related fraud schemes

back in April of 2020, about a month into the pandemic. I've written in previous columns about testing-related scams, and vaccine-related frauds. This warning is about stimulus check-related schemes.

Since the scammers know about anyone they call or email will have an extra \$1,400 in their bank accounts, they will use a myriad of different methods to try and separate the potential victim from that money. The most obvious tactic is to pretend to be from the Internal Revenue Service, or IRS, since it is the federal department in charge of issuing the checks.

It's very important to remember that no one from the IRS will ever call you or email you. They only send letters through the mail. So, if you get a call from someone claiming to work for the IRS then you should automatically connect that to a scam. Because it is. They may call you with phony promises such as getting your money faster, receiving more of a stimulus payment, or

claiming there is something afool with the payment you received, and they can magically "fix" it.

Keep in mind that they can also "spoof" phone numbers, meaning they can make it look like they're calling from the IRS on your caller ID. Unfortunately, you can't trust caller ID anymore. Tech-savvy bad guys can also spoof the phone numbers of your utility company or local government.

Another good rule to remember is that you should "never have to spend money in order to get money." In other words, if you get a call or an email from someone wanting you to pay a small "fee" in order to get your stimulus money, you know it's a scam. Most of these payments will likely be direct deposited into the individual's bank account. But the scammers could still send you a fake check through the mail. They would explain that it was a mistake, but to go ahead and cash the check at your bank, keep some of the money for your troubles, and send them the rest.

Scammers will also use social media to try and get to you. Be very suspicious of any social media messages or contacts claiming they can get you your money faster, even if it's from a friend. The bad guys can hack your friend's account and claim to be them. I even saw this scam myself last year when a "friend" direct messaged me on Facebook claiming to know how to get stimulus money before anyone else. My friend's account had been hacked.

The bottom line is to be very wary of anyone calling, emailing, or reaching out to you via social media involving anything related to the stimulus. Trust your instincts. If it doesn't feel right that means, it's probably not. And if you're just not sure, you can always reach out to me via email at sleamon@coconutcreek.net. We can work together to make sure you're not the victim of a scam.

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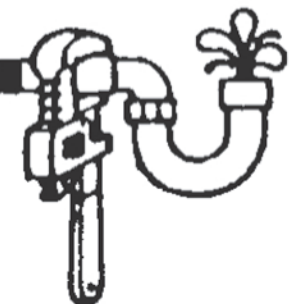
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By Diana Stone, M.A., Wellness Consultant and Inspirational Writer and Speaker

See The Silver Lining

Dearest Reader,

Here we are passing the one-year anniversary mark of the Corona Virus Pandemic and all of the life changes it swiftly brought about from quarantining, to social distancing, to wearing masks and learning to adapt to new ways of working, schooling, dining, shopping and connecting. You may have noticed most people have developed a strong opinion of how they view all angles of the pandemic and how they regard the strategies to get back to pre-pandemic living. What often accompanies strong opinions are equally strong judgements when others do not agree with our views or behaviors. We have all experienced shock over some of the stories we have heard about in relationship to the handling of the pandemic.

What we don't often hear about or focus upon enough are all of the gifts the pandemic has brought into our lives. While the initial learning curve of zoom calls and online shopping and all of the rest of the new ways of adapting were challenging, there has also been a silver lining amidst the chaos of the pandemic.

Here are but a few blessings you may be experiencing in your Silver Lining:

1. Improved family life – by reducing outside activities and opportunities, families have had to count on one another not only for emotional support but also for entertainment. Many of us have dusted off old board games and began playing cards again or baking with our children.
2. Appreciation for nature – where do people go when they can't travel or dine out or go the mall? They go outside! They bike, they walk, they garden! Whenever we get to bask under the sun, we get a boost of nature's essential vitamin D and we feel more enlivened!
3. Home improvements – when HOME became our world, we focused on how to make it nicer. For some this meant decluttering and finally letting go

of no longer needed things! For others, it meant beautifying existing spaces to allow more enjoyment and flow of positive energy!

4. Editing of relationships – the pandemic forced all of us (except for first responders and all of the workers who kept the essential stores open!) to initially let go of everything and everyone who was not in our immediate world as we quarantined and now as the bans are lifting, we get to re-evaluate who gets back onto our calendars. Many of us are enjoying the smaller circle of family and friends and we feel no urgency to get back on the fast track of socializing with the world at large!

5. Reminder of our priorities – when life as we know it is suddenly threatened, we get clear very fast on what and who matters most to us. Who do we love? Who do we need? Who do we want near us? Who and what do we hold the dearest?

6. Our health got our attention – when a viral pandemic is threatening to make us sick or even kill us, we become extremely aware of our current state of health. We get more motivated to keep healthy to allow our own immune systems to combat not only the latest virus but all potential health threatening invaders. Many of us who may have gotten lax with our vitamin routines, got back into taking the daily doses of the supplements we subscribe to. We all want to do our best to stay as healthy as possible.

What's the silver lining in all of this FOR YOU? What we focus on GROWS so be sure to take time to consider all of the goodness that continues to pour into your life! We are all blessed on so many levels. May you feel the magnitude of all that is RIGHT in your life! With love, Diana

Diana Stone, M.A., is a Wellness Consultant and inspirational writer and speaker. Connect with her at dianalynnstone@me.com or www.dianalynnstone.com

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ANTIGUA	Grnd Flr, Updated Kitchen+Baths, NEW A/C, Encl Patio, Lake/Fountain	SOLD	\$ 120,000
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If You Have Equity In Your Home Consider Doing A Trust

By Martin Zevin, Attorney

In 2012, I wrote an article recommending against doing a Revocable Living Trust if you were “underwater” with your mortgage. Many of my clients had bought or refinanced from 2004 to 2006 at the top of the market.

However, the last nine years have seen significant increases in property values. This has resulted in many homeowners now having positive equity. If prices continue to rise, many more homeowners will have some positive equity.

In the article I wrote in 2012, I advised clients to live long enough to see their properties increase in value to exceed the amount of the mortgage; at that time, they could come back to me to discuss a Revocable Living Trust. That time is now here.

Without equity in your home, it does not make sense to pay an attorney the fee and costs involved in creating a Trust, since you would be burdening your heirs with a property that has a negative equity. However, once that equity turns positive, you are doing your heirs a favor by eliminating the time and money involved in going through probate. Probate can take a year and cost thousands of dollars in fees and costs.

Remember also that the Trust is called a “Revocable Living Trust.” This means that, as long as you are alive, the Trust remains with you.



You can always sell your home and buy a new home as Trustee of your Trust. You do not need to change the Trust unless you want to change the beneficiaries for the new property. You can also buy additional properties, in Florida or out of state, as Trustee of your Trust.

Therefore, if you now have equity in your home, you should seriously consider creating a Trust. Transferring your home to the Trust will not change your homestead or your real estate taxes.

In addition, regardless of the equity in your home, it is extremely important to have current advance care directives to protect you if you are incapacitated. These include the Durable Power of Attorney (which must specifically include the address of your property) as well as the Designation of Health Care Surrogate and Living Will. New Florida laws could mean that your current documents need to be revised.

Please feel free to call me for a free phone consultation regarding any issues pertaining to Wills, Trusts, Deeds, Probate, Power of Attorney or Health Care Surrogate. I am also available for free consultation regarding personal injury claims or car insurance coverage. Call me at 954-569-4878. My address is 3275 W. Hillsboro Blvd., Suite 204, Deerfield Beach, Florida 33442. My website is www.martinzevinpa.com and my e-mail address is martinzevin@netzero.com. Ad on pge 39.

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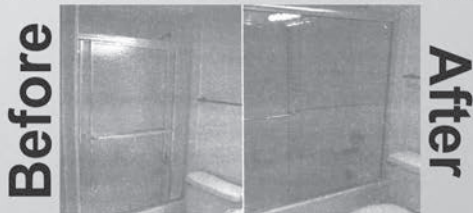
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Sheriff Gregory Tony

Service Equals Reward

By Sheriff Gregory Tony

BSO CARES

Every Sunday morning, when Pompano Beach District Captain Martin Hedelund's twin boys were young, he would take them on drives around Broward County, showing them various landmarks and sights. Captain Hedelund would do all the talking; Dalton and Martin Jr. sat and listened. They were four years old and nonverbal - a developmental delay caused by autism.

Today, Captain Hedelund's boys are 14. Both can speak and express themselves in different ways. They remember those trips with dad, sometimes down to the date on which they happened. "It has been cataloged in their minds all these years," Captain Hedelund says.

"While the twins are aware of what is going on, sometimes they just can't tell us that they know. We have faced challenges as a family, but with the blessings of early diagnosis, curriculum-based learning and having two caring parents, Dalton and Martin Jr. have exceeded expectations."

As a veteran law enforcement officer, Captain Hedelund became better at his job from his personal experiences with autism. He learned how to read body language better and pick up on important social cues. His wife, Margi, has dedicated her life to spreading awareness about autism. She is a board member of the Autism Society of Florida. She travels across the state, sometimes with her sons, to teach first responders about autism awareness and how to communicate more effectively with individuals on the spectrum.

At the Broward Sheriff's Office, we understand the importance of autism awareness in public safety. We have instituted proactive programs and initiatives and continue to provide specialized training



to assist our first responders in serving this population better.

Our most progressive initiative is the implementation of the BSO Cares program. The program provides first responders with important information about persons with disabilities so we can respond more appropriately to calls for service. Participation in the program is voluntary and available to anyone who resides in or frequently visits Broward County with a special needs diagnosis. To learn more about the program, or to register yourself or a loved one, please visit www.sheriff.org/BSOCares.

We also continue to ensure more first responders receive Crisis Intervention Team (CIT) training. This unique training enhances the understanding of the signs and symptoms of someone with behavioral health issues. It also helps provide a more prepared and aware approach when interacting with an individual on the spectrum.

BSO is honored to have some incredible community partnerships with organizations such as Surfers for Autism and Autism in Flight with JetBlue. Surfers for Autism is a community event that gives individuals with autism a chance to learn to surf. Autism in Flight provides a full airport experience for children with autism and their families. They go through check-in and ticketing, security, boarding and a taxiway ride on the tarmac. The program aims to make the prospect of a commercial flight less intimidating.

At BSO, we will continue to work hard to further develop these essential programs and partnerships. Our goal is to ensure all persons are served with respect and protected in the safest possible manner.

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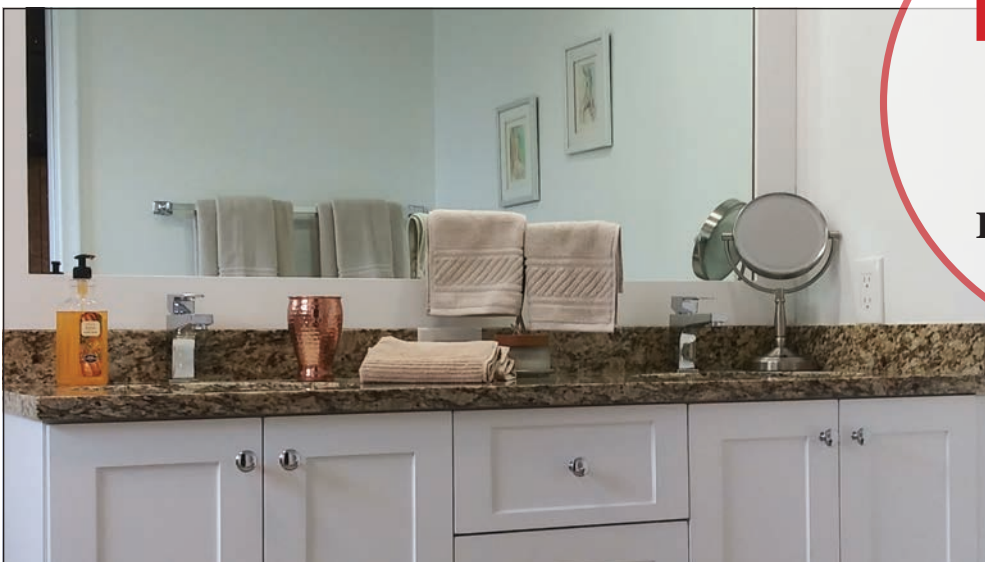
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WYNMOOR Golf *and* Tips

By Kevin Battersby, PGA

Control Your Speed - Make More Putts

Last month's tip on alignment of your putter is followed up this month by tips on the speed of your putts and distance.

There is an optimum distance the ball would have in speed and distance to give you the highest chance of making your putt. Dave Pelz, putting guru, did an extensive study and his research and found the ball would travel 18 inches past the hole to have the greatest chance of going in. Pelz put a cover over the hole and rolled some 10,000 balls over the cup. Pelz found the distance of 18 inches past the hole accounted for the subtle breaks and any imperfections in the green. I believe because Wynmoor greens aren't lightning fast like the bent grass greens up north, this is a safe strategy to reduce the strokes you take on the green. Next time you're on the practice green locate an old cup and you can test the speed of your putt by rolling it over the replaced cup.

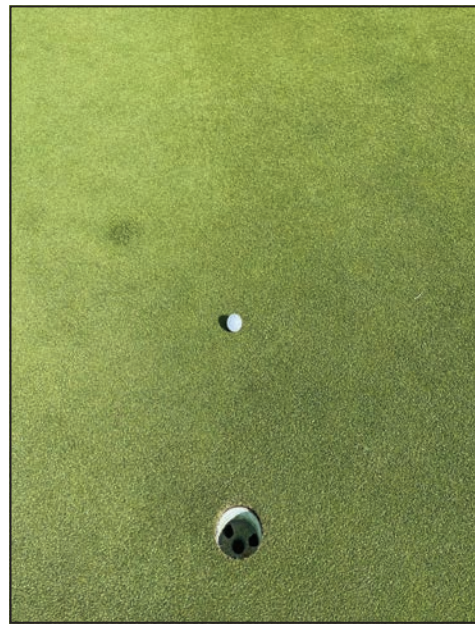
Keep in mind to control the distance of your putts you must regulate the size of your stroke and allow the putter to accelerate naturally relative to the distance you took the putter in your backswing. Make more putts this Spring!

Kevin Battersby PGA

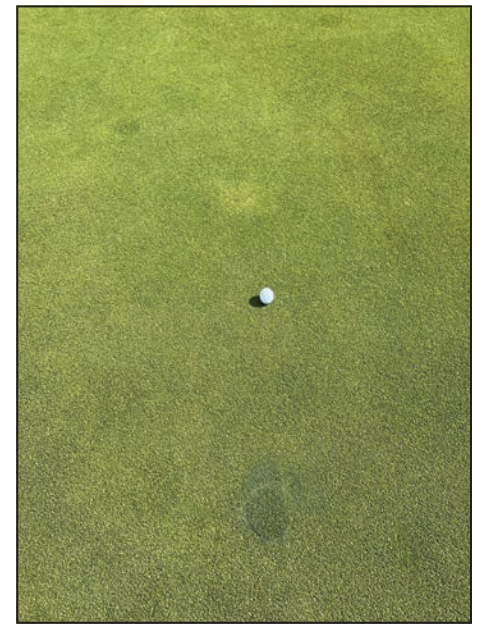
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Dear Dr. Joy...

By Joy Berke Sanchez, PhD

Surprisingly I actually heard from a few people about last month's article. Unsurprisingly they were all friends. But they did say they enjoyed it and used it during the month. With that in mind I'm doing the second set this month. I am once again asking

for feedback as to whether you used the snippets and what you thought of them.

1. I came from greatness. I must be like what I came from. I will never abandon my belief in my greatness and the greatness of others.
2. Maintain a sense of serenity regardless of what may be taking place around you. The ability to stay calm is located within you.
3. Don't allow yourself to be blown to and fro by the shifting winds of circumstance.
4. There is a choice in every moment. You can decide to carry calmness, or you can be a hostage to your ego which insists that you can't really help feeling disorderly in a circumstance of chaos.
5. This is not about me. I choose not to have any thoughts of harm directed at anyone by me.
6. I am a being of light and love and therefore the only thoughts that emerge from me are in harmony with loving.
7. Whatever comes my way because of other people will not evoke a plan of revenge or hatred.
8. When negativity feels like it's directed right at you, retreat to a place of kindness and look within and deflect that energy.
9. Practice forgiving and avoiding judgment when you see what you think of as evil. Mentally separate the individuals from what you view as their toxic behavior.
10. Look for the simplicity in what you call complicated by seeing that in this moment it's not hard.
11. Change your preoccupation with tomorrow along with all of the tomorrows that comprise your future.
12. To believe that you can't be content and happy now because of an unknowable future appears to you to be difficult but is another form of insanity.
13. Look at what you have and realize that you are fine at this moment.
14. You have no problems although you think you have.
15. A journey of a million miles begins with one step.
16. Every goal is possible from where you are.

17. When in crisis ask yourself, "what do I have to learn from this experience right now? I know there is a gift hidden for me in this appearing misfortune and I will focus on looking for it."

18. Bypass blame and even your desire to understand the other person, instead focus on understanding yourself. (one of my personal favorites)

19. Stop deciding what anyone else should or shouldn't be doing. Disregard any inclination to dominate. Listen rather than expound. Replace thinking you know better for someone else. Then you will be free of frustration with those who don't behave according to your ego-dominated expectations.

20. Introduce transcendent thankfulness into your everyday life.

21. Open yourself to the unlimited love and abundance of the universe and you will attract more of that love and abundance to yourself.

22. When life looks difficult, stop and realize that you are only one thought removed from being at peace.

23. Every morning say thank you for an opportunity to live in a state of contentment.

24. Make compassion the essential foundation of your personal philosophy and don't forget to include yourself.

25. You will become what you think about.

26. Relax when you want to tense up and trust as many situations as you possibly can.

27. Vow to keep a calm inner response to the circumstances of your life.

28. I have the ability to stay poised and centered regardless of what goes on around me.

29. All of those times that you felt betrayed, abandoned, abused, frightened, anxious or incomplete. They all came about according to a natural law that also led you to feel cared for, protected, loved, comforted and whole. Everything comes to you through the law of attraction including what you are experiencing right now.

30. Whenever you are anxious or in pain take the focus off those you are holding responsible. Shift your mental energy to allowing yourself to be with whatever you are feeling without self-blame either. Experience your emotions knowing they are your own creation and look inward for explanations.

You now have another month of ideas to ponder if you desire. Please remember I will address any issue you would like to read about. Just drop me a line at JoyB212@aol.com or send it to the Insider. I hope you don't mind if I recycle articles from the past. I have about 17 years of them and I know new people are moving to Wynmoor all the time.

Have a great April everyone.



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The Women's Club of Coconut Creek

By Marilyn Frischs

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Date: Saturday, April 17, 2021, 9:30 - 10:30 a.m.

Donation \$15

Ethos Bistro will present one of its famous House-Made Meat Marinades, as well as the most traditional Greek spreads including Tzatziki. Our Chef Christopher will also be sharing aromatic herbs infused into marinades that are used in many different types of dishes.

Participants in the presentation will be signed up to the **Ethos Bistro Rewards Loyalty Program** and receive an initial 300 points worth \$15. Additionally, Ethos Bistro will be awarding two grand prizes which will be raffled off at the event: #1: a \$100 Ethos Rewards Voucher in points and #2: a \$50 Ethos Rewards Voucher in points. Points can be used for indoor/outdoor dining or take-out at any time.

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For questions and communications, please contact:

Whitney Lamond: wlarmond2007@gmail.com or Marilyn Frisch: frischms@aol.com

SWIRL WINE BISTRO

Date: Saturday, May 15, 2021, 2:00 - 3:00 p.m.

Donation \$15

Swirl will help us celebrate National Wine Day early by learning about the perfect pairings of wine and food in this dynamic presentation. There is a prize that will be raffled for this class.

How to Register for the Virtual Master Classes:

1. Once you have completed your registration form, you will be sent the link to PayPal to make a donation to secure your spot for the event.
2. An email, (or if you prefer a text message) will be sent to you several days prior to the event.
3. A link will be provided to help you download ZOOM if you need assistance.
4. If you have made your donation, but could not view the presentation, a link will be sent to you after the event, and you can see the demonstrations at your convenience.



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We publish something for everyone, and some people
ARE ALWAYS LOOKING FOR SOMETHING!!!!*

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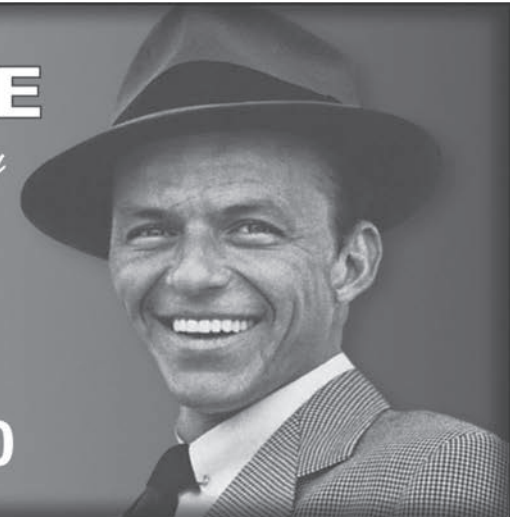
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with the Medicare Lady

By Darlene Swaffar

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Welcome to the monthly Editorial from Darlene Swaffar aka The Medicare Lady and Owner of Sunshine Insurance Associates located in Deerfield Beach, FL for Wynmoor Residents.

Each month I will choose between one or two questions to answer.

Here is this month's question regarding Cost of Medications on Medicare Prescription Drug Plans:

Question: What is the Coverage Gap and why are my prescriptions higher when I reach this stage?

Answer: Medicare has a guideline created that **ALL** Medicare Prescription Plans have to follow. There are 4 different stages that your Prescription Drug Coverage goes through. To understand the Coverage Gap stage, let's go through all the stages so that you will understand more clearly. They are as follows for the year 2021:

Stage 1: Deductible Stage: \$445. Usually, on many Medicare Advantage Plans, the Deductible applies for brand name drugs.

Stage 2: Initial Coverage Limit Stage: \$4,130. This is a budget set aside to pay for your prescription drugs throughout the year. Your copay, and what the plan pays for your drugs **together** get deducted from this amount. When you have spent this much money in the cost of medications, then you move to the next stage which is Stage 3.

Stage 3: "Coverage Gap" Stage - **25% of generic** drug costs and **25% of brand name** drugs. You will receive a 70-75% Donut Hole discount on the total cost of their **brand-name in this stage**. Many Medicare Advantage HMO Plans will provide Generic Coverage at zero co-pay during this stage. Check your Summary of Benefits and Evidence of Coverage for details.

Stage 4: Catastrophic Stage: When your Maximum Out of Pocket Limit **reaches \$6,550**, you will pay \$3.70 for Generics, \$9.20 for Brand Name Drugs or 5% whichever is greater.

By law, Part D plans are not permitted to include the following under their Part D covered benefits:

- Drugs for weight loss or gain, fertility, cosmetic purposes, symptomatic relief of cough and colds
- Vitamins
- Medical foods formulated to be consumed or administered enterally under the supervision of a physician that are not regulated as drugs under section 505 of the Federal Food, Drug, and Cosmetic Act.
- Erectile dysfunction drugs (when used for sexual dysfunction)
- Non-prescription drugs
- Some off label use drugs
- Part B covered drugs

Part D plans are permitted to offer supplemental benefits that cover certain drugs not covered under Part D such as erectile dysfunction drugs.

When in doubt, ask The Medicare Lady™.

If you have a question that you would like answered for the May Edition, please email me at darleneswaffar@gmail.com or call our office at 754-444-2782.

Always remember to Live Every Moment!



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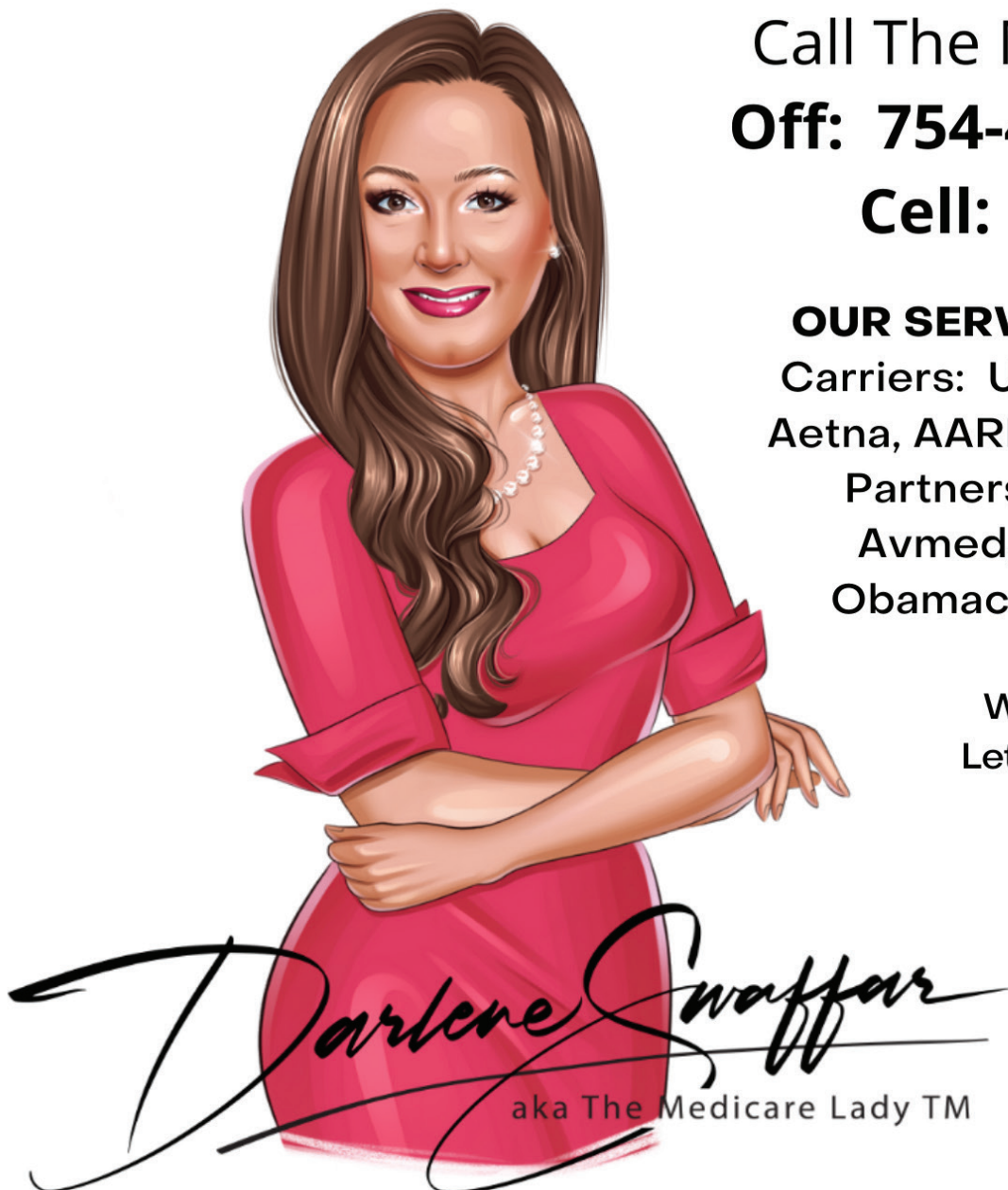
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Darlene Swaffar
aka The Medicare Lady TM



MARTY KIAR

BROWARD COUNTY PROPERTY APPRAISER



Owner Alert Notification Service

The Broward County Property Appraiser’s Office is pleased to announce *Owner Alert* – a FREE service designed to help you protect your property from scams or fraud by notifying you if a document is received by our office changing the ownership of your property. Property fraud is a very serious issue! Criminals can record fraudulent deeds transferring ownership and then try to mortgage, sell, or rent the property. *Owner Alert* helps stop these unlawful acts. Let’s work together to protect your home from possible fraud.

Subscribing to this service is quick and easy – simply visit our website at <https://web.bcpa.net/owneralert> to register your property. There is no fee for this service, and you can unsubscribe at any time.

Ownership records are changed based on deeds recorded with the Broward County Records Division and then provided to our office. BCPA has no legal authority to determine whether a deed is fraudulent. Once registered, Owner Alert will notify you if there is a change of ownership to your property and provide you with important information. If you have any questions about



the Owner Alert notification service, please call 954-357-5579 or email us at OwnerAlert@bcpa.net

Commercial Property Surveys

COVID-19 has seriously impacted our community, and everyone has felt its effect in some way. To help our office better understand any impact this pandemic has had on businesses, our office recently mailed a letter to all commercial and apartment building owners. Any information provided by local business owners will assist our office with accurately determining a fair and just market value for these properties for the upcoming 2021 tax year. Should you have any questions about this survey, please call 954-357-6835 or email IncExp@bcpa.net.

If my office can ever be of assistance to you, please do not hesitate to contact me directly at 954-357-6904 or by email at martykiar@bcpa.net

Take care,
Marty Kiar, CFA
Broward County Property Appraiser

*Thank You to the
Lovely Wynmoor Voters*

The level of support from the amazing Wynmoor voters who supported my re-election campaign is so very much appreciated. To all 1,589 of you who turned out on election day, or mailed in your ballot, my heartfelt thanks.

It is a privilege to serve another 4 years as City Commissioner, District C.

Sandra Welch



DUCKS at the Cove

By Marilyn Huowitz



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2303 Lucaya Lane | 2/2 | **\$173,000 PENDING**
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2804 Victoria Way | 2/2 | **\$178,000**
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4701 Martinique Drive | 2/2 | ~~\$205,000~~ **\$199,888**
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3004 Portofino Isle | 2/2 | **\$183,000**
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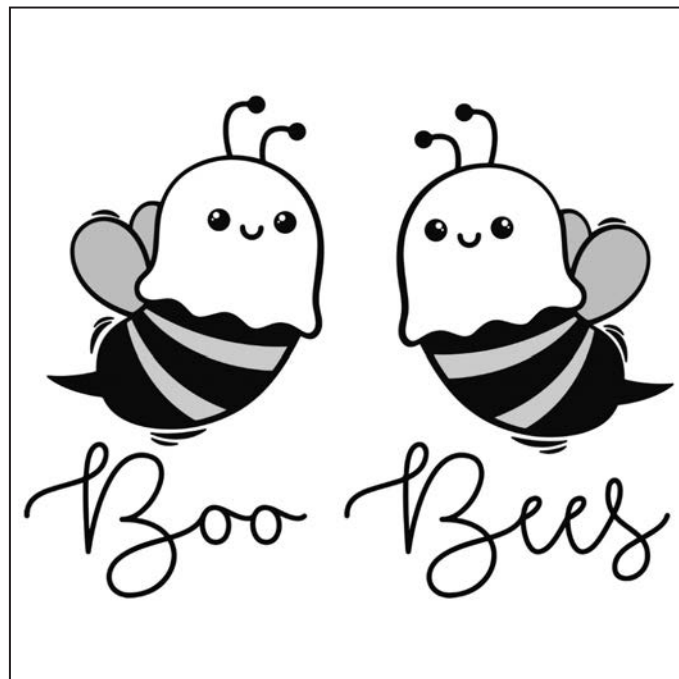
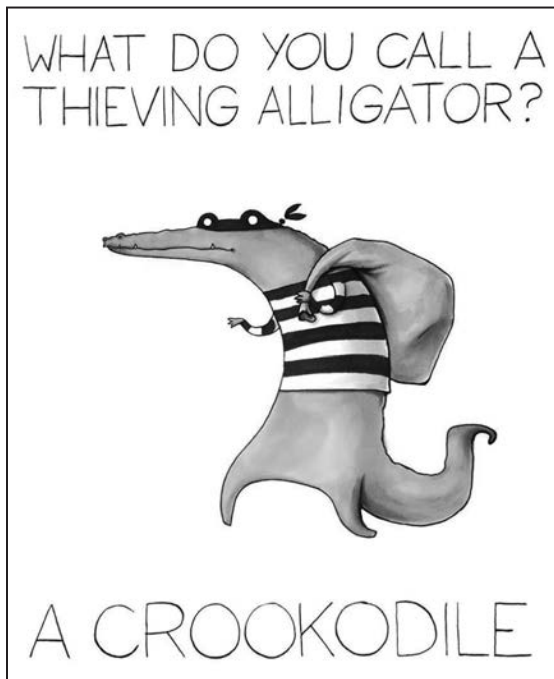
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PUNOGRAPHY

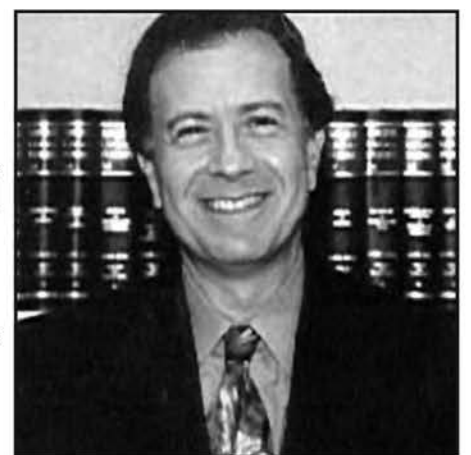
I tried to catch some fog. I mist.
 When chemists die, they barium.
 Jokes about German sausage are the wurst.
 A soldier who survived mustard gas and pepper spray is now a seasoned veteran.
 I know a guy who's addicted to brake fluid. He says he can stop anytime.
 How does Moses make his tea? Hebrews it.
 I stayed up all night to see where the sun went. Then it dawned on me.
 This girl said she recognized me from the vegetarian club, but I'd never met herbivore.
 I'm reading a book about anti-gravity. I can't put it down.
 I did a theatrical performance about puns. It was a play on words.

They told me I had type A blood, but it was a type O.
 PMS jokes aren't funny. Period.
 Why were the Indians here first? They had reservations.
 Class trip to the Coca-Cola factory. I hope there's no pop quiz.
 Energizer Bunny arrested: Charged with battery.
 I didn't like my beard at first. Then it grew on me.
 How do you make holy water? Boil the hell out of it!
 What do you call a dinosaur with an extensive vocabulary? A thesaurus.
 When you get a bladder infection, urine trouble.
 What does a clock do when it's hungry? It goes back four seconds.
 I wonder why the baseball was getting bigger. Then it hit me!
 Broken pencils are pointless.



TALK TO A LAWYER...BE SMART LAW OFFICES OF MARTIN ZEVIN, P.A.

Martin Zevin, head of the firm, has been practicing in the areas of Personal Injury, Wills, Trusts & Estates in Broward & Palm Beach Counties since 1973.



Martin Zevin
954-569-4878

During this current time of social distancing, I have been consulting with clients via phone, e-mail and regular mail. In the past, my free initial consultation would normally be a personal meeting.

We offer free consultations for all personal injury cases, including car accidents, slip and fall, pedestrians, bicyclists, etc.

We also offer free consultation for Wills, Living Trusts & Probate

Included in free consultation for Wills, Trusts and Estates:

1. What are the differences between a Will and a Revocable Living Trust?
2. What is Probate, how long does it take and what are the costs and attorney's fees?
3. Why is it important for every adult to have a Durable Power of Attorney, Designation of Health Care Surrogate and Living Will?
4. Review of your current legal documents.

Included in free consultation for personal injury:

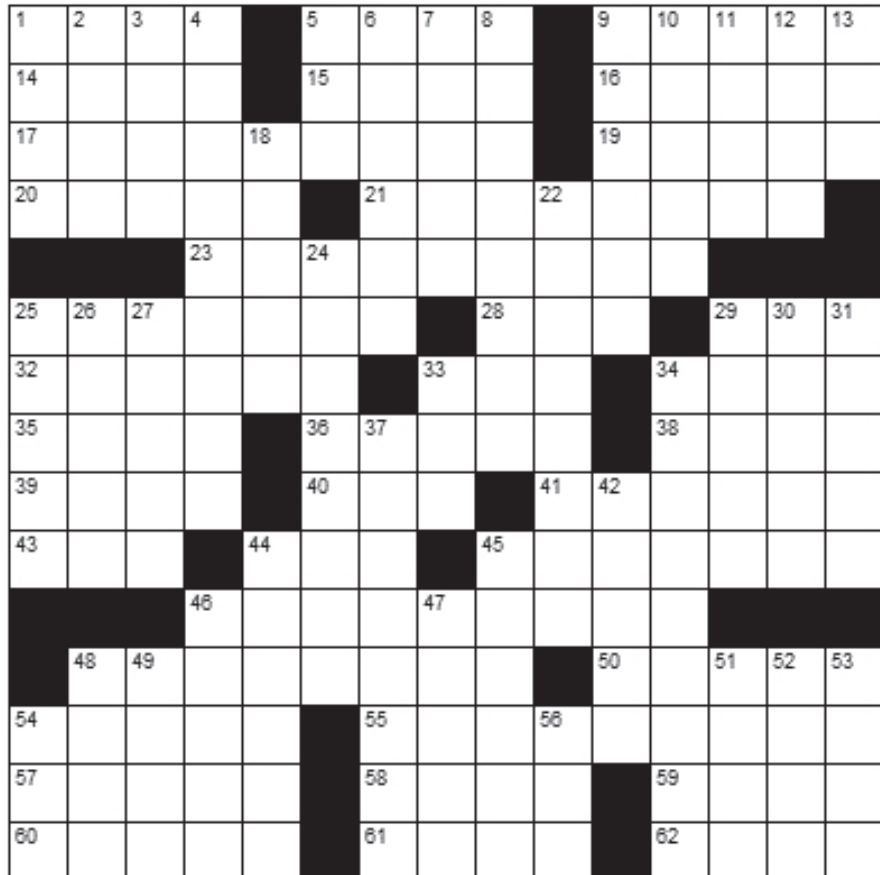
1. How much is your case worth?
2. How long will it take to settle or go to court?
3. How much for costs and attorney's fees?
4. Referrals to doctors.
5. Review of your car insurance.

**LAW OFFICES OF
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Puzzles and Games

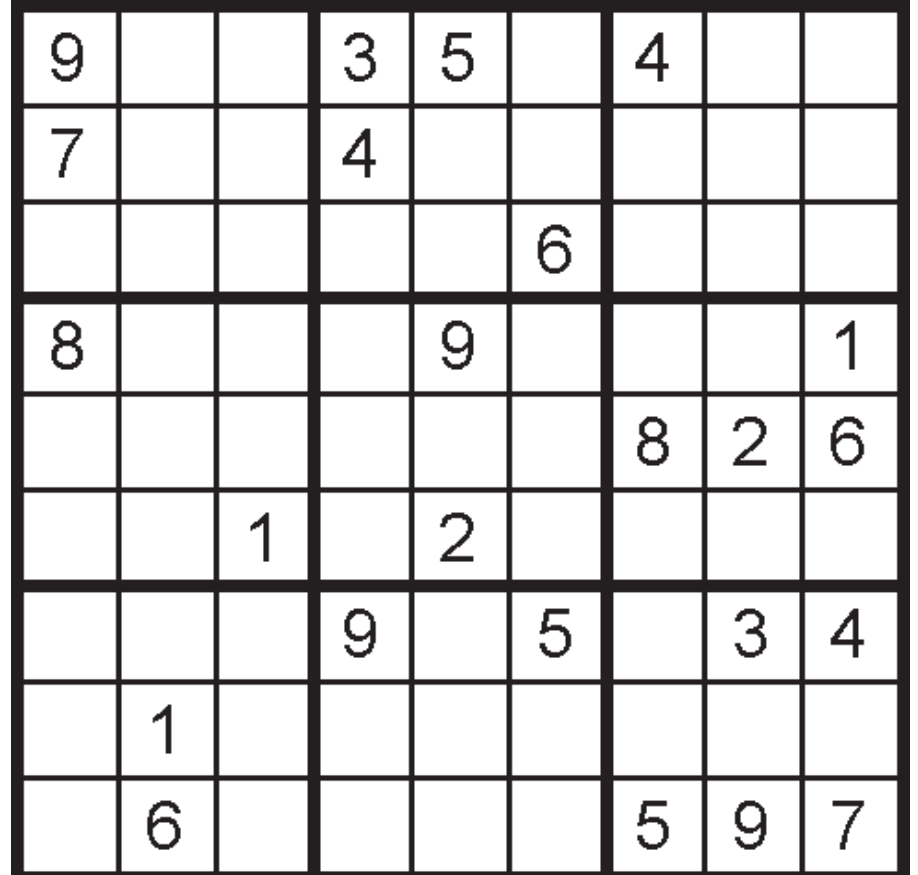
Solutions on page 53

Crossword Puzzle



- ACROSS**
- 1. Ends a prayer
 - 5. Backsides
 - 9. Floats
 - 14. Remain
 - 15. "Smallest" particle
 - 16. Boredom
 - 17. Anode or cathode
 - 19. Candle "strings"
 - 20. Slowly, in music
 - 21. Medically examines by touching
 - 23. Subordinate
 - 25. Black Sea republic
 - 28. Fury
 - 29. Policeman
 - 32. Sign up
 - 33. Spelling contest
 - 34. Twofold
 - 35. Norse god
 - 36. Decorate
 - 38. Backside
 - 39. Bird of peace
 - 40. Cotillion girl
 - 41. Something of small importance
 - 43. Female sheep
 - 44. Precious stone
 - 45. Most honest
 - 46. Illicitly
 - 48. T Rex or brontosaurus
 - 50. Overact
 - 54. Slices of twice-baked bread
 - 55. People with the same name
 - 57. Runs in neutral
 - 58. Nights before
 - 59. Angers
 - 60. Inebriated
 - 61. Flit
 - 62. British title
- DOWN**
- 1. Cain's brother
 - 2. 5280 feet
 - 3. Biblical garden
 - 4. Variety of peach
 - 5. Tavern
 - 6. Paradise
 - 7. Relating to form
 - 8. Stinkier
 - 9. Be on one's guard
 - 10. Accord
 - 11. A single time
 - 12. Laughs (slang)
 - 13. Female sib
 - 18. Forceps
 - 22. Pertaining to your mom or dad
 - 24. Bastions
 - 25. Crystal-lined rock
 - 26. Provide with a permanent fund
 - 27. Drink garnish
 - 29. Veer
 - 30. Fertile area in a desert
 - 31. Skirt fold
 - 33. Go up and down
 - 34. Milkmaid
 - 37. Humiliated
 - 42. Angers
 - 44. Shiny
 - 45. Agriculturalist
 - 46. Embellisher (comic art)
 - 47. Exotic jelly flavor
 - 48. Guy
 - 49. Small island
 - 51. Gumbo
 - 52. Swarm
 - 53. Anagram of "Sees"
 - 54. Thorax protector
 - 56. Eastern Standard Time

Sudoku



Use your logic to find the correct number for each square. When finished, all nine rows across, all nine columns down and all nine 8-by-8 boxes must contain all nine numbers, 1 through 9 with no repeats.

Las Vegas

Find and circle all of the summer words that are hidden in the grid. The remaining letters spell an additional summer item.



a WORD or Two

Word: turbid
Definition: thick or opaque with or as with roiled sediment
Example: The speed of the water flowing over the dam becomes obvious only when one observes the *turbid* water roiling below.

Word: megillah
Definition: *slang* : a long involved story or account
Example: "Well, one fine day last spring, I was laying off for a week at the Americana in New York when Solly phones me—a *megillah* about this inspiration that he and some other bookers had that morning in the steam room." - S. J. Perelman, *The New Yorker*, 18 Aug. 1965

- ATTRACTIONS
- BUFFETS
- CASINOS
- CELEBRITIES
- CLARK COUNTY
- COMEDIANS
- CONCERTS
- CONVENTIONS
- DESERT
- DINING
- DRINKS
- ENTERTAINMENT
- FOOD
- FREMONT STREET
- HOTELS
- IMPERSONATORS
- LAS VEGAS STRIP
- LIGHTS
- MAGICIANS
- MARRIAGES
- MUSICALS
- NEON SIGNS
- NEVADA
- NIGHTLIFE
- PERFORMERS
- PLAYS
- RESORTS
- RESTAURANTS
- SHOPPING
- SHOPS
- SHOWS
- SINGERS
- SOUVENIRS
- SPRING MOUNTAINS
- SUNNY
- TOURISTS
- TOURS
- TRIBUTE ACTS
- VACATION
- WARM
- WEDDING CHAPELS

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-------------------------------	--------------------------------	--------------------------------	--------------------------------

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- You may have a Waiting Period / or Elimination Period	- Use this Plan to Pay your Waiting Period Days

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Are You Living With, Or Worried About Someone Suffering With Chronic Back Pain?

By Leading Back Pain Expert, Todd James

Do you, or someone you love, suffer with back pain? Does the pain get worse when you stand or walk? Do you experience pain, numbness or tingling into your butt or down your leg? Do you have pain when you sit for long periods or drive? Are you afraid your pain will get worse if you don't do anything about it? Has the pain gotten so bad, that you avoid many activities that you used to enjoy?

If you are 55+ and answered **YES** to any of these questions, then please read on because I have some special information about relief of your back pain.

It's a shame so many people think their options for dealing with back pain are rest, pain killers, or maybe worse, injections or even surgery. Often these solutions are only

temporary, because they don't address the true cause of your back pain, but just mask the symptoms. Others believe there is nothing that can be done, and they will just have to suffer through the pain.

If you or someone you love is experiencing back pain and are wondering if you are doing the right things for your back, I would like to offer a free guide I have created to answer those questions. In this guide, **Erasing Back Pain: How to Avoid the 9 Most Painful Mistakes and What You Should Be Doing Instead**, you will find information about what will not help ease your back pain and how to make the right choices to get you out of back pain and on the road to enjoying an active, healthy lifestyle again.

I'm Todd James, Physical Therapist and I have been helping 1000s of people 55+ over the last 2

decades find quick, natural, long lasting relief from back pain. I've put together this guide because in easing your back pain it's not just about doing the right things, but also about avoiding the wrong things. When you choose the right path, your recovery from back pain will be much more effective.

If you are currently held back from getting a good night's sleep, being able to walk with friends, getting out on the golf course, or playing with the grand-kids, I invite you to visit www.coconutcreektherapy.com/backpain to claim your free guide. If you prefer, give us a call at **954-972-1200** and we'll be happy to assist you.

Don't let back pain take the joy out of your life. Get started on your path to a pain free active life!



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Clubs and Activities

All Club activities held in the clubhouse have been postponed until further notice.

Please contact the Club President for more information.

Amateur Radio Club

For further information, please contact Gerry Stoloff, WA3HDI at 954-973-4899.

American Legion Post #170

Please contact Milt Brent, Adjutant, at 516-606-2388 if you're interested or need information about our Post and its activities.

Billiard & Pool Club

By Bob Horowitz

For information about the Pool and Billiard Club, or to join our e-mail list, email WynmoorPoolClub@gmail.com. You can also join our Facebook page *Wynmoor Poolclub*.

Bridge

By Phillip Cummins

The Wynmoor Bridge Club, like many community clubs, has been unable to have face-to-face events since March of 2020. Its Board of Directors hopes that by late Fall of this year, regular Bridge games will be available to both residents and visitors. Schedules will be released when the OK has been given. Until then, interested parties can contact Gerri Silverman at 954-978-2457.

Camera Club

By Nancy Landman

The Camera Club of Wynmoor welcomes all Wynmoor residents to join (wherever you may reside at this moment!) regardless of your skill level or type of camera. We have been excited to see the wonderful response to the club meetings, the interesting and informative presentations and the wide variety of photos submitted by the membership. We are conducting our meetings on Zoom, which allows participation in real-time. Please register by sending an email to CCWynmoor@gmail.com, then watch your email inbox for your Zoom invitations.

We meet on the 2nd and 4th Tuesday of the month 3:30 - 5:00 p.m.

Upcoming Meetings: April 13th - 3:30 - 5:00 p.m. - Photo Terminology, Part II • Presentation by Mike Brodie • Photos Discussion - Members please submit 1 photo.

April 27th - 3:30 - 5:00 p.m. - Photos Discussion - Members please submit 2 photos.

For further information call Nancy Landman at 954-496-1965.

Chess Club

By Hillel Cohen

Did you play chess years ago? Do you play chess on a computer from time to time? For more information call Hillel Cohen at 917-548-5120.

Computer Club

By Beverly Friend

On April 21st at our usual time, 10:00 a.m. on the third Wednesday of the month, we will conclude this year with a session on troubleshooting. Bring your problems and share your solutions with club members at our culminating session.

For more information, contact Patrick O'Brien at 2makeitwork@gmail.com

Conservative Club

By Jack Mendelson

The Conservative Club will meet at 7:00 p.m. on April 20th at Wings Plus, 9880 West Sample Road, Coral Springs.

Our guest speaker will be Marc Gueron, a former Democrat, Veteran Strategic Analyst and International Businessman, who is on the Republican Jewish Leadership Council. Marc holds a BA in Political Science from the Hebrew University and MBA from Columbia University.

His topic will be Globalism vs. Patriotism. The Challenges of Defending Western Civilization and Our Nation-State Freedoms Against the Triple Threat Posed by the Globalist Left, Chinese Mercantilism, Supremacist Islam, and their Interaction.

Come early so you can order something for dinner. Looking forward to seeing you all there.

Current Events

By Susan Myers

We discuss current topics that are important to all of our members and friends. Topics include politics, events within Wynmoor Community and around the world. For any questions, please contact Susan Myers 954-933-7743.

Democratic Club

By Stan Grossman

For the immediate future, the Democratic Club of Wynmoor will be communicating with its members via Zoom meetings and emails. For more information on the club, please call Ronny Sydney at 954-973-7522.

Fun With Friends

By Louis Kravitz

Good news to report is that Covid-19 seems to be getting under control. Unfortunately, we still do not know when we can open the club. So many people have come up to me and said how much they miss that once-a-month live music and dancing. It will come back! After all, it is hard to dance six feet apart. Everyone, stay safe and healthy. Hopefully, see you all sooner rather than later. Louis Kravitz, President

Hadassah

By Toby Gordon

Please support Wynmoor Hadassah by purchasing certificates or trees for any occasion from Bernice Riback. She can be contacted at 945-984-1703. Beautiful cards for all occasions may be obtained through Lenae Herman who can be contacted at 954-657-6579. Your support is always greatly appreciated.

Health & Wellness Club

By Hope Myers

For more information call Hope Myers at 954-971-9538.

Karaoke & Entertainment Night

By Robin Thompson

For more information, please contact Robin at 954-994-4476.

Ladies Circle Club of Wynmoor

By Harriet Lopez

If you would like to know more about Ladies Circle, please contact our President, Harriet Lopez at 954-960-9411.

Latin Women's Club

By Minerva Nazario

For more information about the club, please contact Ms. Minerva Nazario at 954-532-3156.

Nature and Arts Club

By Elinor Weinstein

"Come on, come on down the road to Pompano Beach" and join the Nature and Arts Club on April 1st from 10:00 - 11:30 a.m. for a two-part video presentation sponsored by the Pompano Beach Arts Committee.

You will first venture under the sea to Shipwreck Alley where you will see a unique new art installation. Next you will tour the Public Arts Project featuring the Honeybee Walk and a glimpse of the artist's alley being created.

Director Laura Atria will introduce and answer all questions about the programs presented in Pompano Beach. Zoom information to sign up for the program will be included in the membership email close to the date of the program.

We appreciate your being a part of the Nature and Arts Club. I look forward to hearing from you... Nancy Moskowitz, President • laughlady55@aol.com or 954-973-2181.

Needlework Click

By Barbara Bilello

We are a friendly group of ladies always looking to make new friends. You don't have to know how to knit or crochet. Our ladies love to chat, and everyone is welcome. If you have yarn that you know longer need, we will gladly pick it up. Call Barbara for more information at 754-222-6375.

Clubs and Activities

Continued from page 45

Pennsylvania Club

By Marilynn Stoloff

For more information call Gloria Gottlieb at 954-956-9701.

Pickleball Club

By Mayda Coombs

The Pickleball courts are open and getting plenty of use. Come on down and see why everyone is addicted to this fun sport that's been around for over 50 years. While you are having fun, you're getting exercise and you can meet great people. Our courts are open 7 days a week from 8:00 a.m. – 4:00 p.m. Please wear your mask to and from the courts, when you are not playing and when you cannot socially distance.

Woodshop

By Ernie Fleury

When the Woodshop reopens members will find we now have a new Treasurer. Elliott Rappaport who has held the position for over 12 years will be leaving the shop and Wynmoor. Elliott and his wife Beverly will relocate to an assisted living facility in mid March. The Woodshop Executive Committee has elected Howard Lepolstat as our new Treasurer.

Dr. Howard Lepolstat and his wife Mady moved here 4 years ago from Century Village. Prior to that, Howard was the Treasurer of the Woodshop in the Arizona community in which he lived. This shop had several times as many members as ours, so we are very confident that he is capable of performing the duties of the office as our Woodshop Treasurer.

Howard is also a highly skilled wood craftsman. The pictures shown here in the article are just some of his unique handy work. You will notice that these pieces are miniatures compared to most of the pieces normally produced in the shop.

Good news! On March 5, Karl Georgi and Ernie Fleury met with The Wynmoor Executive Council in Ballroom C (WCC).

The Woodshop will reopen April 5, 2021 at 8:00 a.m. There will be guidelines, but they are all doable. Information and guidelines will be available to members as the next month progresses through WCC and shop email.



Writer's Workshop

By Nancy Heller Moskowitz

April is a month of possibilities featuring writing cues, new sources of writing explored, and reaching out to writers of all levels and styles. These are some of the goals of our Club. For the time being, we continue to meet via Zoom on Saturday mornings from 10:00 a.m. - Noon. If you'd like a group to listen, encourage, and comment on your submissions, contact Nancy Heller Moskowitz at 954-973-2181.

Wynmoor Hurricane Emergency Net

By Gerry Stoloff

The purpose of this group is to provide emergency communications to Security, Police or Fire Rescue after a hurricane comes through and power is out for an extended period. You don't need prior experience: Wynmoor loans you a CB radio and antenna for your car, and we'll teach you proper communications practices & net discipline. For further information, please contact Gerry Stoloff, WA3HDI at 954-973-4899.

Wynmoor Ladies Golf Association

By Karen Beckman

Amazing how acclimated we have become to the covid protocols! Our Championship Tournament went off without a hitch, and I think did more for our group recognition that adjustments can be made for the important things in life. Everyone in WGA is so grateful for the hard-working Committee responsible for putting it all together. Our ladies league is still looking for new members and if anyone has questions or interest, please call. You would be so welcome to just give us a try. Contact Barbara Hyer at 732-284-1002 and arrange to join our Tuesday Morning Tournament. I'll buy you a donut! Just let me know you are coming. Wear a mask, wash your hands, social distance and.... be kind.

Wynmoor Video and Film Club

By Phil Guterman

If you have a video you captured on your iPad, cell phone or camcorder, we can help you edit it by adding music, narration, special effects, exposure correction and eliminating unwanted scenes by using our sophisticated Pinnacle 20 editing system on our computer. For more information contact Phil Guterman at 954-984-8871.

Please submit an article from your club to the INSIDER for monthly information to the residents. Email article, as word attachment to: wynmoorads@aol.com by the 10th of the month preceding an issue.

Entertainment Enthusiasts!

Do you miss getting out to the Theatre and watching your favorite entertainers perform? Well now you have a chance to set aside some time on Saturday evenings to enjoy a virtual night out!



Concerts will air exclusively on Channel 99 at 8:00 p.m. for all of our entertainment enthusiasts!

Coconut Creek Police Department is hosting a



SHRED EVENT

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April 17 | 9AM-1PM

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WE LOOK FORWARD TO SEEING YOU AGAIN SOON!



ILANA - Red Ring

CAMERA CLUB

By Nancy Landman

Mike Brodie - Winter Haiku



Lee Levine - Young Ibis



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OF COCONUT CREEK



We welcome you to join us
for
Virtual Shabbat Services
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WYNMOOR WGA/WLGA GOLF CHAMPIONSHIPS

Super Sunday, March 7, 2021

The day started a little chilly and windy but with perfect sunshine, the tournament went on without a hitch with happy competitors followed by supportive spectators, some with beautifully decorated carts. The competition was tough, and most matches were very close and were fought to the very end, including our Ladies Championship flight that went to an extra 3 holes before a winner was declared. Overall, it seems like everyone had a great time, winners and runner ups alike.

Our special thanks to the Championship Committee led by our president John Railey for a very well-run tournament under not so easy conditions with the Covid virus restrictions in effect. Also a big thank you to J.B. and his staff for having the course in great shape and being helpful at the Golf shop.

The Championship Committee would like to offer a special thank you to all who participated throughout the tournament for your cooperation by adhering to the rules and helping make this event a success.



Ladies "Championship" Flight
Winner - Susan Yang (L)
Runner Up - Diane Carme (R)



Ladies "A" Flight
Winner - Barbara Hyer (L)
Runner Up - Barbara Spacek (R)



Ladies "B" Flight
Winner - Carol Skop (L)
Runner Up - Shelly Mark (R)



Ladies "C" Flight
Winner - Linda Dworsky (R)
Runner Up - Kristine Baker (L)



Men's "Championship" Flight
Winner - Jim Kregas (L)
Runner Up - Ken Cohen (R)



Men's "A" Flight
Winner - Jack Woods (L)
Runner Up - Angelo Derobbio (R)



Men's "B" Flight
Winner - Rene Ceusters (L)
Runner Up - Herb Tischler (R)



Men's "C" Flight
Winner - Mark Farovitch (R)
Runner Up - Jack Herlihy (L)



2021 WYNMOOR WGA - WLGA MEN'S AND LADIES' CHAMPIONS & RUNNERS UP

TRIVIA

- What team did Kobe Bryant's father, Joe "Jellybean" Bryant, play for?
- How big was Shaq's 5 year deal he signed with the Heat in 2005?
- Where did yoga originate?
- What is the name of the town that "Parks and Recreation" is centered around?
- What type of dog is on the label of "Red Dog" beer?
- Who was Ashe Corven in "The Crow: City of Angels"?
- What guitar company celebrated its 65th anniversary in 2011?
- What company produces "Nutter Butter" cookies?
- Which Buffalo Bill prevented Leon Lett from scoring a touchdown in Super Bowl XXVII?
- What line follows "No more rhymes now, I mean it!" in "The Princess Bride"?
- Who does Shrek, in the movie "Shrek," fall in love with?
- From which language does the name "coyote" originate?
- How deep was the wreck of the "Titanic" when it was discovered?
- I am the galaxy closest in light years to the Milky Way Galaxy?
- Which animal is also known as the wild dog from Australia?
- Gideon Sundback patented what clothes fastener in 1914?
- On "Friends," what is Frank Buffay Jr.'s wife's name?
- About how fast does sound travel in meters per second?
- The tagline "Score!" comes from which 1998 movie?
- The day after Christmas is called Boxing Day, but it's also the holy day for what saint?
- Where in California is the Wente Winery located?
- "Prepare for the next level" is the tagline for what film?
- What Hawaii-born golfer won the 2014 U.S. Women's Open, her first career major win?
- In the Bible, what was the name of the snake in the "time of Eve"?
- How many calories would a 150 pound person burn in 1 hour of high impact aerobics?
- What two rats work for Toad in the 2006 movie "Flushed Away"?
- Which city is the southernmost capital city in the world?
- What country do the Cranberries call home?
- Who sat in on Eric Clapton's "Layla" album after meeting him at a Miami concert?
- Which artist/band put out the CD, "Just Push Play"?
- In the song "Here Comes Peter Cottontail" what did Peter have for Tommy's sister Sue?
- In which country would you find Loch Ness, and possibly the mythical "Loch Ness Monster"?

answers on page 53

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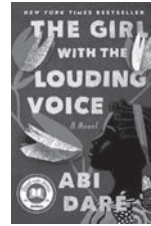
The hiring of a lawyer is an important decision that should not be based solely on advertisements. Before you decide, ask us to send you free written information regarding our qualification and experience.

BOOK Reviews

If you've already checked off most of your reading list thanks to more time spent at home, Amazon's book editors are here to provide you with some new inspiration.

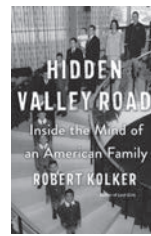
The editors' choices include engaging novels from "Oona Out of Order," which tells the story of a 19-year-old woman trapped in the body of a 51-year-old, to books like "Hidden Valley Road," the story of the Galvin family and their six children diagnosed with Schizophrenia.

The results are sure to have something for just about every type of reader. Captions have been provided by Sarah Gelman, Editorial Director of Books at Amazon.com.



"The Girl with the Louding Voice" by Abi Daré

In this rousing tale of courage and pluck, a 14-year-old Nigerian girl is sold into servitude by her father when her mother — a proponent of education — passes away. You will root for Adunni as she endeavors to escape her sorry — and often harrowing — lot, and applaud the kind strangers who buoy her efforts and her spirits.



"Hidden Valley Road: Inside the Mind of an American Family" by Robert Kolker

"Hidden Valley Road" is a heartbreaking, expertly told story of an all-American family, the Galvins, six of whom were diagnosed with schizophrenia while still teenagers. Relying on exhaustive research, Kolker weaves together cultural, medical, and family history to show the ravages of mental illness on the six Galvin boys, on their parents, and, perhaps most movingly, on their other six siblings.



"The Ballad of Songbirds and Snakes" by Suzanne Collins

The 10th anniversary of the Hunger Games is beginning, and 18-year-old Coriolanus Snow — President Snow, when we met him decades later in "The Hunger Games" — has an important role to play. Nearly impossible to put down, "The Ballad of Songbirds and Snakes" is an exciting and thought-provoking novel that goes outside the arena to ask interesting questions about human nature and ambition.



"Pretty Things" by Janelle Brown

When a second-generation grifter, Nina, and her shady boyfriend move to Lake Tahoe, they collide with a woman from Nina's past, heiress Vanessa Liebling. Behind a glittering façade of old money and fast living, a darker story of social climbing, social media, revenge, and betrayal starts to take menacing shape.



"Writers & Lovers" by Lily King

"Writers & Lovers" is about the uncertainty of relationships, and of pursuing the creative life, in a world that values success and stability. Life is not waiting for Casey to fulfill her dream of being a novelist, so she works as a waitress and she dates, and she tries to figure it out as she goes. Love and art require frequent, often imperceptible, leaps of faith — and this book captures that perfectly.



"The City We Became" by N.K. Jemisin

Five strangers unexpectedly become the living embodiments of New York City's boroughs and must battle an evil entity that threatens the city. Jemisin infuses this live-wire love letter to the city's diverse denizens with reality-ripping storytelling.



"Oona Out of Order" by Margarita Montimore

Oona Lockhart is celebrating New Year's Eve 1982 and the eve of her 19th birthday, but at midnight she passes out and wakes up as a 19-year-old trapped in the body of a 51-year-old. Thus begins Oona living life out of order. Although "Oona Out of Order" could be a fun romp through the adage "youth is wasted on the young" (and it is), it's also a deeper look at destiny, love, and family.



"The Mercies" by Kiran Millwood Hargrave

There isn't much that is not unforgiving when it comes to the far-flung and frigid town of Vardø, Norway, including the sea that surrounds it, which swallows the majority of its male population in an epic storm while they're fishing. Accusations of witchcraft quickly infect this grieving but resourceful community, threatening what hard-won normalcy they've regained. "The Mercies" is infuriating, baleful, but full of stubborn hope.

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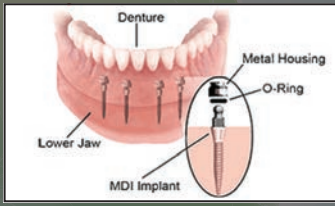
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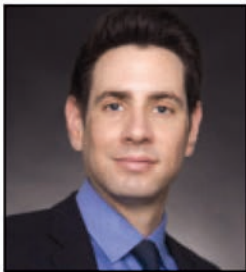
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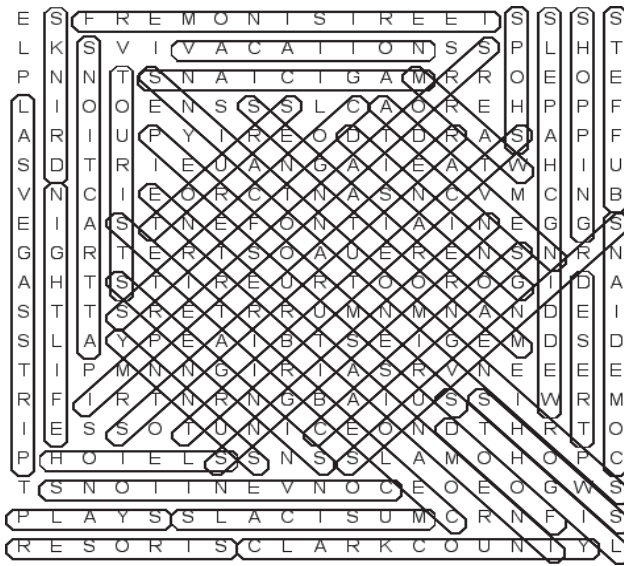
Puzzles and Games

Solutions from page 40

Crossword Puzzle

A	M	E	N		B	U	M	S		B	U	O	Y	S
B	I	D	E		A	T	O	M		E	N	N	U	I
E	L	E	C	T	R	O	D	E		W	I	C	K	S
L	E	N	T	O		P	A	L	P	A	T	E	S	
					A	N	C	I	L	L	A	R	Y	
G	E	O	R	G	I	A		I	R	E		C	O	P
E	N	L	I	S	T		B	E	E		D	U	A	L
O	D	I	N		A	D	O	R	N		A	R	S	E
D	O	V	E		D	E	B		T	R	I	V	I	A
E	W	E		G	E	M		F	A	I	R	E	S	T
					I	L	L	E	G	A	L	L	Y	
					D	I	N	O	S	A	U	R		E
R	U	S	K	S		N	A	M	E	S	A	K	E	S
I	D	L	E	S		E	V	E	S		I	R	E	S
B	E	E	R	Y		D	A	R	T		D	A	M	E

Las Vegas



The hidden message is: ELVIS PRESLEY IMPERSONATOR

Sudoku

9	8	6	3	5	1	4	7	2
7	5	2	4	8	9	6	1	3
1	4	3	2	7	6	9	8	5
8	2	7	6	9	4	3	5	1
4	9	5	1	3	7	8	2	6
6	3	1	5	2	8	7	4	9
2	7	8	9	6	5	1	3	4
5	1	9	7	4	3	2	6	8
3	6	4	8	1	2	5	9	7

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TRIVIA

answers from page 49

- | | |
|------------------------|-------------------------|
| Philadelphia 76ers | Alice Knight |
| \$100 Million | 340 |
| India | A Night At The Roxbury |
| Pawnee | Stephen |
| Bulldog | Livermore |
| Vincent Perez | xXx: State of the Union |
| Fender | Michelle Wie |
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<https://zoom.us/j/99246421906>; Meeting ID: 992 4642 1906; By phone dial (929) 436-2866

Executive Committee Meeting

3rd Monday of the month at 1:30 PM -- Zoom

<https://zoom.us/j/94395113981>; Meeting ID: 943 9511 398; By phone dial (312) 626-6799

Budget & Finance Meeting

4th Wednesday of the month at 9:00 AM -- Zoom

<https://zoom.us/w/92861017173>; Meeting ID: 928 6101 7173; By Phone dial (301) 715-8592

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